

# MY SEWING ROOM INC

"Canada's Largest Independently Owned Quilt Shoppe"

## GEORGE BOYACK PROJECT

### Tactile/Sensory/Touch Quilts

On March 30th 2009 My Sewing Room will be hosting the George Boyack Project. We are looking for a number of volunteers to come in to make tote bags, sensory quilts and lap quilts. This will be a fun and incredibly rewarding project. You will have a wide range of materials and fabrics to work with, especially if you have some to share too. Work from home or come into the store that day!

### What is a Tactile/Sensory/Touch Quilt?

*"The Tactile/Sensory/Touch Quilt Project came into being about 7 years ago when Sue Outland's granddaughter, Michaela, was born blind. Encouraged by the Foundation for Blind Children, Sue was challenged to find a way to entice Michaela to crawl, and she created the idea for a floor quilt of many textures. After making a large one for Michaela, the FBC asked Sue to make more of these quilts, to share with other families of new babies.*

*Sue was also the co-leader of a teenage Girl Scout Troop, and decided to combine sewing lessons and a service project. Twice a year since then, Girl Scout Troop 1713 and later, most of the North Scottsdale Girl Scout Troops, got together for a sewing project day, making quilts, bibs, C pillows, beanbags, small pillowcases and mat covers to deliver to the FBC."*

Today, many care institutions use these quilts for a wide range of afflictions. At the George Boyack home, they will be used to comfort and stimulate Dementia and Alzheimer's residents. We are also making tote bags for taking toiletries to the shower rooms, and lap quilts for wheelchair patients, for both indoors and excursions.

### What date and time does it all begin?

- Date: Monday March 30th 2009
- Time: Come for the whole day (9:30am – 9:00pm), or drop-in for awhile.

### What do I need to bring?

- A lunch: we have a fridge, a toaster oven, and a microwave available for your use.
- A sewing machine and the usual class tools, or just the tools. A sewing machine isn't necessary for everyone, as there are plenty of cutting, pressing, 'inside-out-ing' and hand sewing (of embellishments) project stations as well.
- Have you got some of those Clover yo-yo makers? Tube turning tools? Rag Quilt Scissors?

### I'd like to donate, what are you looking for?

- Textured Materials: lace, satin, velvet, taffeta, organza, netting, metallics, brocade, velour, suede or faux suede, sherpa (for wheelchair footrests), fur & fleece, leather, old jeans.
- Themed Cottons: plaids, tartans & stripes, water and sky, seasons, holidays, jungle, birds & mammals, underwater scenes, flowers, western, southwestern, African...
- Brightly coloured cottons
- Unwanted test embroidery stitch-outs and stray quilt blocks.
- Embellishments: trims, ribbon, lace, buttons, braids, beads, patches (like emblems, flags, critters), pearls, buckles, cording, webbing, Velcro, zippers, bells, charms, crystals, gems, etc.
- Batting leftovers & Thread

The creativity this project allows is amazing: no two quilts need ever be the same. These are excellent projects to try out free-motion quilting, decorative stitches, and to use all of those unique feet on your sewing machine. Have an interesting 3-dimensional embellishment technique? Bring it to this workshop, and we'll teach you some of ours!

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